

# Residents' Handbook

Southwold, Reydon & Walberswick

Issue 1



## Foreword

Welcome to Southwold, Reydon and Walberswick - parishes full of friendly faces, local groups, and activities that bring our community together. This guide is here to help you discover the many clubs, societies, and opportunities in and around the three parishes.

As this is our first edition, some groups may be missing despite our best efforts. If you know of an organisation club or society that isn't listed, please get in touch so we can include it next time. Local organisations can email [admin@southwold-tc.gov.uk](mailto:admin@southwold-tc.gov.uk) with any updates.

We hope this guide inspires you to get involved, meet new people, and enjoy all that makes us such a vibrant, welcoming community.

**An online version will be kept up to date on our website at:  
[www.southwoldtown.com](http://www.southwoldtown.com)**

We are grateful to the East Suffolk Council Community Partnership for funding the production of this directory.



East Suffolk  
**Community  
Partnerships**

Carlton Colville  
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Southwold  
& villages



# Residents' Handbook

Your Residents' Handbook for the wards of Southwold, Reydon and Walberswick aims to include information and contact details of local services, clubs & societies, facilities, health & well being and much more that you might need as a resident of the area.

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# Children/Youth

## The Loft Youth Club

Alison.....07814 654083  
aliforward68@gmail.com

Meets at Stella Peskett Hall, Rights Road, Southwold IP18 6BE.

Years 5, 6 & 7 meet Tuesdays 17:30 - 19:00. Year 7 and upwards meet Fridays 19:30 - 21:00.

## Muay Thai Boxing

southwoldmuaythai@yahoo.com

Every Tuesday at the Scout Hall, 5-6pm. Children 6-12.

## Reydon Rainbows

Charlotte .....07715 388916  
frogclock@hotmail.com

Meet Mondays in term time at Reydon Village Hall, 16:45 - 17:45.

Register your interest at:  
[www.girlguiding.org.uk/information-for-parents/register-a-child](http://www.girlguiding.org.uk/information-for-parents/register-a-child).

## Sandcastles Reydon Baby & Toddler Group

On facebook.

Meet every Thursday during term time, 09:30 - 11:30. Reydon Sports & Community Centre, Wangford Road, Reydon IP18 6PA. Snacks & drinks provided. Under 6 months free - 6+ months and adults = £1.

## Scouts, Beavers & Cubs

Luke Winter .....07900 982836

Meet at Scout Hall:

Monday: Cubs 6-7:30pm (8-10.5yrs)

Weds: Scouts 6:30-8pm (10.5-14yrs)

Thurs: Beavers 6-7pm (6-8yrs)

## Sole Bay Juniors FC

solebayjuniorsfc@gmail.com

Train at Old School Playing Fields, 2 Old School Drive, Reydon IP18 6JZ

## Southwold Cricket Club

Nick Pagan .....07737 907813

Day camps in season, offering free coaching for young people.

## Southwold Golf Club

Graham Hillier

grahamhillier1@me.com

Tom Kirtley

proshop@southwoldgolfclub.co.uk

Offers cheap golf club membership for young golfers, and the opportunity to receive tuition from club pro Tom Kirtley either individually or within small groups.

### **Southwold Parent & Toddler**

Liz Benson .....07941 168698

Megan .....07904 017316

For under 5's and their carers. Meets every Wednesday morning in term time. Toys and activities provided, and carers can meet and chat together.

### **Southwold Rugby Club Minis**

minismembership@southwoldrfc.co.uk

### **Southwold Rugby Club Youth**

youthmembership@southwoldrfc.co.uk

### **STOMP pre-school**

Clare .....07446 948730

ctomo68@icloud.com

Pre-school and movement group, makaton signing, singing and dancing. Meets every Monday morning during term time 09:30 - 10:30 at URC, High Street, Southwold

### **Wiggle & Giggle Youth Drama Group**

Tuesday 4.45 - 5.45pm

### **Wordplay at Southwold**

Every Tuesday and Sunday, 10:30 - 11:00 at Southwold Library.

## **Classes**

### **Stella Peskett Millennium Hall**

#### **Alcoholics Anonymous**

8pm - 10pm Thursdays

Local help line .....01473 212224

#### **Beginner's Pilates**

Helen Pybus .....07814 651740

info@helenpybus.com

Every Tuesday 9-10 and 10:15 - 11:15.

#### **Pilates/Yoga**

Clare Barber .....07554 881670

Every Monday 6:30 - 7:30pm.

#### **Sewing Class**

Annabelle Reynolds .....07553 960227

annabellerey4textiles@gmail.com

Alternate Thursdays during term time 09:30 - 12:30.

#### **Southwold and Reydon Gardening Group**

Fourth Tuesday of the Month

6:45-9.00

#### **Southwold Art Circle Portrait Class**

jamespowerartists@gmail.com

Every Monday 2-4pm

#### **Tai Chi Practice Group**

Suffolk Tai Chi Academy:

www.suffolktaichiacademy.co.uk/  
classes

Every Monday 10:30 - 12:30

## Reydon Sports & Community Centre

**Barre with Jo** ..... 07966 306317

Every other Saturday 09:00 - 10:00

**Everyday Strength** ..... 01502 722823

mail@southwoldtreatmentrooms.co.uk

Every Friday 12:00 - 12:45

**Feel Good Friday** - Dance for Wellbeing

..... 07962 269185

sarah@tendher.co.uk

Every Friday 09:30 - 10:30

**Jasmin's Pilates (chair class)**

Facebook & Instagram

Every Monday (excluding first Monday

of the month) 11:00-11:30, and

every Wednesday 11:00-11:30.

**Jasmin's Pilates (mat class)**

Facebook & Instagram

Every Monday (excluding first Monday

of the month) 09:30-10:30 & 18:15-

19:15, and every Wed 09:30-10:30.

**Jude's Corner**

Facebook

Every Friday 18:00-20:00. Drop in for a

chat. Combatting isolation.

**Sandcastles Reydon Baby & Toddler**

Facebook

Every Thursday 09:00-12:00

**Shotokan Karate**

Lexie McLellan ..... 07933 154563

karatelex@outlook.com

Every Monday (excluding Bank

Holidays) 16:30 - 17:30. Age 7+.

**Singing for Lung Health**

Swell Music CIC

Helen ..... 07917 799456

info@swellmusic.org.uk

Every Tuesday 10 - 11:30. Led by an

Asthma and Lung UK accredited leader.

Singing, deep breathing and relaxation.

Free to join, refreshments provided,

everyone welcome.

**Sole Bay Community Choir**

solebaysingers@gmail.com

Meets regularly. Registration essential

before attending.

**Sole Bay United Juniors FC training**

solebayjuniorsfc@gmail.com

Tuesdays, Wednesdays, Thursdays &

Fridays, varies between 16:30-19:30.

Sundays, varies between 09:30-15:30.

**Sula Rubens Art Class**

..... 07770 711008

sularubens@btinternet.com

First Monday of the month 10:00-15:00

**Yoga with Sarah Lewis**

sarah@tendher.co.uk

Every Wednesday 18:00-19:00.

## 1st Southwold and Reydon Scouts Hall

**Muay Thai/Thai Boxing**

southwoldmuaythai@yahoo.com

Every Tuesday. Children aged 6-12,

5-6pm. Adults 6-7.30pm.

## Reydon Village Hall

### WEEKLY:

#### Art Life Drawing Class

jandawiltshire@gmail.com

Thursday 2-4pm during term time.

#### Exercise Class

Wednesday 09:30 - 10:30am

#### Kettle Bells

Imogen Hall

imogenhall210@btinternet.com

Monday 09:30 - 10:30.

#### Margeurite Club (seniors)

Liz Slater

tea\_please@btinternet.com

Monday 2-4pm

#### Pilates

Helen Pybus.....07814 651740

helenpybus66@gmail.com

Thursday 11.00 - 12.00

#### Rainbows

Charlotte Clark

frogclock@hotmail.com

Register your interest at:

[www.girlguiding.org.uk/information-for-parents/register-a-child](http://www.girlguiding.org.uk/information-for-parents/register-a-child)

Monday 4:45 - 5:45pm during term time.

#### Reydon Art Class

Ruth Archer

juliaarcher@btinternet.com

Wednesday 11.00 - 12.00.

#### Socasalsa

Winston Hendrickson

socasalsa@hotmail.co.uk

Tuesdays 2-3pm.

## Stretch and Mobility

Imogen Hall

imogenhall210@btinternet.com

Thursday 09.30 - 10.30.

## Wiggle and Giggle Youth Drama Group

Tuesday 4.45 - 5.45pm.

## Yoga (beginners)

Sarah Lewis

sarah@tendher.co.uk

Tuesdays 11:00 - 12:00.

## Yoga (experienced)

Sarah Lewis

sarah@tendher.co.uk

Tuesday 09:15 - 10:30am.

## Zumba

Laura Dawson

lauradawson23@gmail.com

Monday 6:45 - 7:45.

## MONTHLY:

### All day art workshop

Go to [www.southwoldartcircle.com](http://www.southwoldartcircle.com) for details.

Meets one Saturday every month 10-4, during winter.

## St Margaret's Church Room

### Bellringing

Caroline Guthrie .....07711 919292

Monday evening practice - 7-8:30pm, and Sunday Service ringing every 2nd and 4th Sunday 09:00 - 09:30.

### **Bible Studies**

caroline.masom@googlemail.com

Friday mornings (term time) 10:30 - 12:00. A friendly, informal group studying the bible together. All welcome.

### **Coffee and Conversation**

Margaret Thomas  
mcethomas@aol.com

First Wednesday of the month 10:30 - 12:00.

### **Ladies' Fellowship Group**

Wednesdays 2 - 4pm

### **Sole Bay Ringing Hub**

Sue Child.....07708314288  
sue.child@talk21.com

Saturday mornings 09:30 - 11:30 for new learners across NE Suffolk.

## **Walberswick Village Hall**

### **Pilates**

Tues 9.15-10.15am and 10.30-11.30am. Booking essential.

### **Stretch & Glow**

(Chair-based exercise class)

Tues 11:45 - 12:15.

### **Table Tennis**

Every Tuesday throughout the year at 6pm.

### **Yoga**

Contact emsyogaspace@gmail.com  
www.bookwhen.com/emsyogaspace

Mondays: 5.30-6.30pm

Thursdays: 7.30- 8.30am and 9-10am.

Times can be subject to change. Check website for up-to-date schedule.

## **Clubs and Societies**

### **Art Groups**

#### **Reydon Art Group**

#### **Southwold Art Circle**

membership.sec@southwoldartcircle.com  
www.southwoldartcircle.com

Holds events, workshops, lectures etc.

#### **The Arts Society Southwold**

tassouthwold@gmail.com

Meets every two months approx. with a regular series of lectures.

### **Blyth Valley Rotary**

info@blythvalleyrotary.co.uk

Local charitable community work & events.

### **Blyth Valley & Southwold Wildlife Group of Suffolk Wildlife Trust**

swtblythvalley@gmail.com

Organises talks and walks to raise profile of, and money for, Suffolk Wildlife Trust. Six talks per year, usually held in Southwold Arts Centre. All welcome to attend - no need to be a member of SWT.

## Bridge Clubs

### **Blyth Valley Duplicate Bridge Club**

Viv Hunt (Chairman) .....01502 723142  
alvindhunt@btinternet.com

Meets at Walberswick Village Hall on alternate Tuesdays, 1:45 for 2pm start.

### **Sole Bay Duplicate Bridge Club**

Anne Whybird (Chairman) .....07740 628042

annwhybird01@outlook.com

Meets Wednesdays, 6.45 for 7pm start at Cardinal Newman Hall. Visitors welcome.

### **Southwold Bridge Club**

Sue Tayler (Chairman) ..07979 811390  
suetayler@hotmail.com

A rubber bridge club that meets on Thursdays at 1:30pm at Cardinal Newman Hall, Southwold. Visitors welcome.

## Craft Club

Station Yard, Blyth Road IP18 6FH  
..... call Jess 07824 114269  
Every Thursday, 6 - 7:30pm. £2 per person to cover cost of tea/coffee and snacks.

## Dickens Fellowship (Southwold Branch)

..... Mr W Wallond 01502 722212  
wjwallond@hotmail.com

For those with a common interest in the life and works of Charles Dickens. Meets the 4th Tuesday of the month from Sept - May at The Guide Centre, Cautley Road.

## Jude's Corner

On Facebook

Friday evenings at Reydon Sports Centre - combatting social isolation, mental health issues etc. Drop in between 6 and 8pm.

## Lighthouse Ladies

email janbatten@btinternet.com

Meet on third Tuesday each month at 7:15pm at Reydon village Hall.

## Reydon Bell-ringers

Caroline Guthrie .....07711 919292  
Peter Doy.....01502 723927

Practice at St Margaret's Church, Reydon, every Monday.

## Reydon Womens Institute

amanda.priestley@btinternet.com

Meets first Weds of every month at Reydon Village Hall, at 14:30.

## Sailors Reading Room

General enquiries: info@southwold  
sailorsreadingroom.co.uk/

Membership enquiries: southwold  
sailorsreadingroom@gmail.com

East Cliff, Southwold. Open daily 9-5 (closed Christmas Day and Boxing Day).

## Sole Bay Bowls Club

.....01502 722683

solebaybowlsclubreydon@gmail.com

Indoor and outdoor bowling.

### **Sole Bay Life Long Learning**

Contact Mary Robinson on  
maryrobin123@yahoo.com

A community organisation based in Southwold offering daytime courses and day schools for adults, with experienced tutors. Courses are friendly and inclusive with no prior knowledge required, and no exams. Subjects include literature, history, art, philosophy, film, music, and culture. Courses held at Southwold Arts Centre.

### **Sole Bay Mens Shed**

solebaymensshed@btinternet.com  
Meets 2-5 Thursdays and 9-1 Saturdays

### **Sole Bay Singers Community Choir**

Contact us for further information:  
solebaysingers@gmail.com  
Meet at Reydon Sports and Community Centre Registration essential before attendance.

### **Southwold and District Freshwater Angling Preservation Society**

.....01502 518198  
southwoldanddistrictfaps@gmail.com

### **Southwold Library**

#### **Blyth Poets**

Meets first Friday of every month  
14:15-15:30 at Southwold Library.

#### **Board Games**

Every third and fourth Thursday of the month, 2.15-5.15. Board games provided or bring your own.

#### **Card Games**

Every Tuesday afternoon 2.15-5.15.

#### **Coding Club**

Every Sunday afternoon, Southwold Library. Free to attend but booking required.

#### **Crochet and Craft Club**

Meets every Wednesday 2:15 - 4:00 at Southwold Library.

#### **Lego Club** (for children and adults)

Meets every Sunday 12:15 - 13:00 at Southwold Library.

#### **Mah-jong Group**

Meets second and fourth Friday of the month at Southwold Library.

#### **Reading Group**

Meets last Thursday of every month at Southwold Library 6.30 - 7.30.

#### **Rummikub Club**

First Thursday of the month at Southwold library 2.15-5.15.

#### **Scrabble Club**

Meets second Thursday of the month 2:15pm at Southwold Library.

### **Southwold Museum & Historical Society**

Call the museum on 01502 725600;  
curator@southwoldmuseum.org;  
or write to S & R Museum and Historical Society, 9-11 Victoria Street, Southwold IP18 6HZ.

A society created to own and run Southwold Museum, and which also enjoys regular lectures and site visits.

### **Southwold Railway Trust**

.....01502 725422  
info@southwoldrailway.co.uk

Southwold Railway Trust, Steamworks, Old Gas Works, Blyth Road, Southwold IP18 6AR.

Dedicated to preserving the memory of a 3-foot narrow gauge Victorian Railway.

### **Southwold & Reydon Choral Society**

.....01502 725400  
email randsburnett@yahoo.com

Meets on Monday evenings in St Felix School Chapel.

### **Southwold, Reydon & District Constitutional Club**

.....01502 722743

Woodleys Yard, Southwold IP18 6HP.  
Members can enjoy monthly quiz nights, games nights, themed dining evenings, trips out, snooker table, bar.

### **Southwold & Reydon Panto Group**

On Facebook

A local panto group who produce an annual pantomime performed at the end of January each year at Southwold Arts Centre. Meets every Wednesday at Reydon Village Hall Sept - Feb for rehearsals. Tickets available at Southwold Arts Centre.

### **Southwold & Reydon Society**

website: sandrsoc.org  
admin@sandrsoc.org.uk

Voluntary organisation with a mission to protect character and amenities of our area. Members receive a monthly newsletter and can enjoy two annual events. For info visit sandrsoc.org

### **Walberswick Local History Group**

Secretary@wlhg@gmail.com  
Meets quarterly for lectures in Walberswick Village Hall.

### **Walk and Talk Tuesdays**

Contact Jane .....07919 963104  
A group that meets every Tuesday afternoon 2-4pm. Walking routes are decided weekly via WhatsApp.

### **Women Like Me**

info@women-like-me.co.uk  
Group allotment sessions, and Waveney Women's Wanderers walk weekly at a variety of locations.

## Facilities for Older People

### Crick Court

..... 01502 722487  
East Suffolk Council retirement housing.  
Station Road, Southwold IP18 6DE.

### Drop-in Tech Advice

Session at Southwold Library. Contact library. Every Wednesday between 10 and 12.

### Oaklands

..... 01502 724955  
Healthcare Homes Group. Oaklands House, Lowestoft Road, Reydon IP18 6RY.

### Pitches View (Orwell Housing Association)

..... 01502 726062  
Wangford Road, Reydon, IP18 6PA.  
Provide flats with extra care. Tenants must be referred via social services.

### Reydon Marguerite Club

Email: [tea\\_please@btinternet.com](mailto:tea_please@btinternet.com)  
A group for over 60's, meeting every Monday 2.30 - 4.30 at Reydon Village Hall.

### St Barnabas

..... 01502 722264  
Private care home and registered charity.  
The Common, Southwold IP18 6AJ.

### Voluntary Help Centre

Lunch club and community car service.  
..... 01502 724549  
Mights Road, Southwold.  
Book a car and driver for 45p per mile.  
Lunch club every other Thursday. Small fee for lunch, booking essential. Open 9-1.  
Offers volunteer drivers, who charge a small mileage fee.

## Faith Communities

### Catholic - Sacred Heart of Jesus

Fr Christopher Smith  
[www.southwoldhalesworthrc.org.uk](http://www.southwoldhalesworthrc.org.uk)

### St Andrews Church Walberswick

..... 07475 739367  
Church Lane, Walberswick IP18 6UZ

### St Edmunds Church CofE

..... 07475 739367  
[admin@solebaychurches.org.uk](mailto:admin@solebaychurches.org.uk)  
5 Bartholomew Green, Southwold IP18 6JA. Open daily 10 - 4.

### St Margaret's Church, Reydon

Sole Bay Team Ministry ... 07475 739367  
admin@solebaychurches.org.uk

Wangford Road, Reydon, Southwold IP18 6PB.

Open for prayer, reflection and visitors  
Monday - Saturday 9-4, and Sunday  
morning for services.

### United Reformed Church

High Street, Southwold IP18 6DS. Service  
every Sunday at 10:30.

Weekly prayer meetings, fortnightly bible  
study. See Facebook for details.

## Gathering Places

### Cardinal Newman Hall

Manor Park Road, Southwold IP18 6AF

### Electric Picture Palace

.....07815 769565  
Website: southwoldcinema.co.uk  
Blackmill Road, Southwold IP18 6AQ.

### 1st Southwold & Reydon Scout Hall

Luke Winter .....07900 982836  
(Cubs, Scouts or Beavers). Email: gsl@  
1stsouthwoldandreydonscouts.org  
Or Nicky Horton .....07774 183307  
for hall hire.  
Mights Road, Southwold IP18 6BE. Hall  
available for hire.

### Guide Centre

Cautley Road, Southwold IP18 6DD

### Methodist Church - The Lounge

Methodist Church Cumberland Road,  
Southwold IP18 6JN

Every Monday afternoon throughout  
the year except Bank Holidays. 2-4pm.  
Free refreshments, all welcome.  
Activities and crafts available, or bring  
your own, or just relax.

### Reydon & Southwold Community Fridge & Pantry

Offers free groceries etc., to combat  
food waste. Based at Reydon Village  
Hall, Lowestoft Road, Reydon IP18 6RF.  
Open every Tuesday 12:30 - 15:00 and  
every Friday 09:00 - 15:00.

### Reydon Sports & Community Centre

Send them a message through the  
website or email:  
rscbookings@hotmail.com  
Wangford Road, Reydon IP18 6PA.  
Available for hire.

### Reydon Village Hall

.....07508 510732  
Email: reydonvillagehall@gmail.com  
Lowestoft Road, Reydon IP18 6RF.  
Available for hire.

### Sole Bay Mens Shed

solebaymensshed@btinternet.com  
Mights Road, Southwold IP18 6BE

### Southwold Arts Centre

.....01502 722572  
info@southwoldartscentre.co.uk  
www.southwoldartscentre.co.uk  
Cumberland Road, Southwold IP18 6JP.

### Southwold Library

Charlotte Clark.....01502 722519  
Open Tuesday - Sunday. 5, The Old  
Hospital, Field Stile Road, Southwold  
IP18 6LD.

### Stella Peskett Hall

.....01502 725660  
Mights Road, Southwold IP18 6BE.  
Open Mon - Fri 09:00 - 17:30. Hall  
Available for hire.

### The Old Hospital

sydney@southgen.co.uk  
5, The Old Hospital, Field Stile Road,  
Southwold IP18 6LD.

### Walberswick Village Hall

Email: martin.lovick@gmail.com  
The Street, Walberswick IP18 6TZ.  
Available for hire.

## Health & Wellbeing

### Dentists

#### Southwold Dental Practice

.....01502 723379  
Teal Close, Reydon IP18 6GY.  
Open Mon - Fri 9-5.

#### St Clements Dental Care

.....01502 722373  
34 Wangford Road, Reydon IP18 6PY.  
Open Mon - Thurs 08:00 - 17:00,  
Fri 08:00 - 16:30.

### Doctors

#### Sole Bay Health Centre

.....01502 722326  
Teal Close, Reydon IP18 6GY.  
Open Mon - Fri 08:00 - 18:30

## Hospitals

### **Beccles & District War Memorial Hospital** (Community Hospital - NO A&E)

.....01502 719800  
St Mary's Road, Beccles NR34 9NQ.

Must be referred to this service by a health professional.

### **Ipswich Hospital** (WITH A&E)

.....01473 712233  
Heath Road, Ipswich IP4 5PD.

### **James Paget University Hospital NHS Foundation Trust** (WITH A&E)

.....01493 452452  
Lowestoft Road, Gorleston,  
Great Yarmouth NR31 6LA.

### **Norfolk & Norwich University Hospital NHS Foundation Trust** (WITH A&E)

.....01603 286286  
36 miles. Colney Lane, Norwich NR4 7UY.

## NHS

NHS Helpline .....111

## Opticians

### **The Observatory Opticians**

.....01502 723291  
53 High Street Southwold IP18 6DJ.  
Open Mon - Sat 9-5.

## Pharmacies

### **Queen Street Pharmacy**

.....01502 722362  
18 Queen Street Southwold IP18 6EQ.  
Open Mon - Sat 9 - 5:30

## Reydon Pharmacy

.....01502 726088  
Teal Close, Reydon IP18 6GY.  
Open Mon - Fri 9-6, Sat 9-1

## Allotments

### **Reydon Allotments**

Email the Parish Clerk on  
clerk@reydonvillage.org.uk  
Reydon Allotments for Reydon  
residents. Situated at Reydon  
Recreation Ground, Cox's Lane, Reydon

### **Southwold Allotments**

Email Southwold Allotment Holders'  
Association: SAHASecretary@  
hotmail.com  
The SAHA Hut, Blyth Road, Southwold  
IP18 6AZ.

## Groups/Clubs

**Jude's Corner**..... On Facebook  
Friday evenings at Reydon Sports  
Centre - combatting social isolation,  
mental health issues etc. Drop in  
between 6 and 8pm.

### **Sole Bay Mens Shed**

solebaymensshed@btinternet.com  
Meets 2-5 Thursdays and 9-1 Saturdays

### **Sunday Running Group**

Contact Jane .....07919 963104  
Group meets at the Pit Stop Café at  
09:30. Run/walk approx. 2-3 miles,  
have a cuppa afterwards.

### **Walk and Talk Tuesdays**

Contact Jane .....07919 963104  
A group that meets every Tuesday  
afternoon 2-4pm. Walking routes are  
decided weekly via WhatsApp.

## Women Like Me

info@women-like-me.co.uk  
Group allotment sessions, and  
Waveney Women's Wanderers walk  
weekly at a variety of locations.

## See also sports clubs

### Useful websites

feelgoodsuffolk.co.uk

# Local Amenities

## ATMs

### Co-op

2 Market Place, Southwold IP18 6EE.

### Post Office

(cash withdrawals over counter).  
High Street, Southwold IP18 6AA.

## Cinema

### Southwold Community Cinema

.....01502 722572  
email info@southwoldartscentre.co.uk  
www.southwoldartscentre.co.uk  
Southwold Arts Centre, St Edmunds  
Hall, Cumberland Road, Southwold  
IP18 6JP.

### Electric Picture Palace

.....07815 769565  
boxoffice@southwoldcinema.co.uk  
www.southwoldcinema.co.uk  
Blackmill Road, Southwold IP18 6AQ

## Car Parks - Southwold

**Southwold Pier** (Pay & Display)  
IP18 6BN. 335 spaces including  
disabled, coaches, motorcycle bays.

**Southwold Harbour Quay East** (P&D)  
IP18 6NB - near Alfred Corry Museum.  
228 spaces.

### Ferry Road

 (P&D)

IP18 6HQ - near Sail Loft. 55 spaces.

### Southwold Harbour Quay East 2

 (P&D)

IP18 6ND. 47 spaces.

### Southwold Beach Car Park

IP18 6BH

### Millennium Foundation Car Park

Mights Road (pay via donation box)  
IP18 6BE. 120 spaces.

### Harbour Quay West

 (Free)

IP18 6TA - near Harbour Inn. 60 spaces.

### Ferry Road North

 (free)

IP18 6HQ. 9 spaces.

**York Road** (pay via donation box) IP18  
6AN - beside Southwold Common.

### Godyll Road

 (pay via donation box)

IP18 6HN - beside Southwold Common.

## Car Parks - Walberswick

### Walberswick Harbour

Pay & Display

### Ferry Road

Pay & Display

## Defibrillators - Reydon

Reydon Village Hall  
Reydon Primary School  
Micropress Ltd, Fountain Way, Reydon  
IP18 6SZ

## Defibrillators - Southwold

Old red phone box, opposite Adnams  
Cellar & Kitchen, Victoria Street  
Old red phone box, Pier Avenue, beside  
Putting Green and Café  
Tesco Express, Queen Street  
The Swan Hotel, Market Place  
Southwold Caravan Site, Ferry Road  
Fishers Funeral Directors, Field Stile  
Road  
Southwold Golf Club, Southwold  
Common  
Southwold Rugby Club, William Godell  
Pavilion  
Scout Hall - on front wall, Might's Road  
Harbour Master's Office, Blackshore,  
Southwold Harbour

## Defibrillators - Walberswick

Village Hall, The Street, Walberswick

## Electric car charging points

**East Green, Southwold**  
IP18 6JW

**The Crown, Southwold**  
RESTRICTED USE. IP18 6DP

**The Swan, Southwold**  
RESTRICTED USE. IP18 6EG

**Godyll Road Car Park, Southwold**  
IP18 6HN

**The Bell Inn, Walberswick**  
RESTRICTED USE. IP18 6TN

**Reydon Village Hall**  
IP18 6RF

## Garages

**Reydon Garage Services**  
.....01502 722822  
Fountain Way, Reydon IP18 6SZ

**Southwold Auto Services**  
.....01502 723140  
Fountain Way, Reydon IP18 6SZ

## Groceries

**Boydens Stores** .....01502 723573  
1 Mount Pleasant Reydon IP18 6QC.

**Bridgefoot Stores** .....01502 722152  
18 Lowestoft Road, Reydon IP18 6PT.

**Co-op** .....01502 723112  
2 Market Place Southwold IP18 6EE.  
Open 6-10 daily

**Little Gems** .....01502 722329  
21 Market Place Southwold IP18 6ED.

**Tesco** .....0333 345 2297  
2 Queen Street Southwold IP18 6EQ.  
Open 8-10 daily.

**The Tuck Shop** .....01502 723025  
The Street, Walberswick IP18 6UH.

## Libraries

**Reydon Mobile Library**  
Calling every 4 weeks from 24/1/2026  
Nicholas Drive 09.50-10.10  
Queens Road 10.10-10.30

### **Southwold Library**

.....01502 442817  
5 The Old Hospital, Field Stile Road,  
Southwold IP18 6LD

### **Walberswick Mobile Library**

Village Hall car park 2:15 - 2:45 approx.  
one Friday per month.

## **Museums and Galleries**

**Southwold Museum** ....01502 725600  
9-11 Victoria Street, Southwold IP18  
6HZ. Open Easter - Autumn.

### **Alfred Corry Lifeboat Museum**

.....01502 722600  
Ferry Road, Southwold IP18 6NB.  
Open April - October.

### **Sailors Reading Room**

General enquiries: info@southwold  
sailorsreadingroom.co.uk.  
Membership enquiries: southwold  
sailorsreadingroom@gmail.com  
East Cliff, Southwold IP18 6EL. Open  
daily. Displaying Southwold's maritime  
history. Members-only area with  
snooker table.

### **Amber Shop and Museum**

.....01502 723394  
15 Market Place, Southwold IP18 6EA.  
Open daily.

### **The Southwold Gallery**

.....01502 723888  
64A High Street, Southwold IP18 6DN.  
Open daily.

### **The Serena Hall Gallery**

.....01502 723887  
16 Queen Street, Southwold IP18 6EQ.  
Open daily.

### **Buckenham Galleries**

.....01502 725418  
81 High Street, Southwold IP18 6DS.  
Open Mon-Sat.

## **Parks**

### **Reydon**

Reydon Recreation Ground, Cox's Lane,  
Reydon IP18 6QJ.

Younger children - Winston Road,  
Reydon IP18 6RA.

### **Southwold**

Klondyke Skatepark, Pier Avenue,  
Southwold IP18 6BN.

Tibby's Green, Field Stile Road,  
Southwold IP18 6LA.

### **Walberswick**

Children's Play Area, The Green,  
Walberswick IP18 6TT.

## **Petrol stations (nearest)**

### **Wangford Service Station**

London Road, Wangford,  
Beccles NR34 8AZ

### **Central Co-op, Halesworth**

Saxons Way, Halesworth IP18 8LU

### **Jet Gas station**

Main Road (A12), Darsham IP17 3PW

### **Morrisons, Lowestoft**

Tower Road, Lowestoft NR33 7NG

## **Post Office**

### **Mobile Post Office - Walberswick**

Village Hall car park, Wednesdays 12-  
1pm.

**Southwold Post Office** .01502 723188  
High Street Southwold IP18 6AA.

## Public Toilets

### Southwold

Southwold Pier car park,  
Pier Avenue, IP18 6BN.  
Kilcock Cliff (seasonal)  
North Parade, Southwold IP18 6LT.  
Church Green  
Southwold IP18 6JW.

Ferry Road (town centre end)  
Southwold IP18 6HQ

Ferry Road (harbour end)  
Southwold IP18 6ND

### Walberswick

Adjacent to Village Hall  
The Street, Walberswick IP18 6TZ

## Recycling Centres

### Bottle bank/clothes bank/paper bank

Adnams Car Park, East Green,  
Southwold

### Clothes bank

Outside Scout Hall, Southwold

### Lowestoft Household Waste Recycling Centre

Hadenham Road, South Lowestoft  
Industrial Estate NR33 7NF. Book a slot  
online at [www.suffolkrecycling.org.uk](http://www.suffolkrecycling.org.uk)

### Leiston Household Waste Recycling Centre

Lovers Lane, Leiston IP16 4UJ.

### Battery Recycling

Mumfords Hardware Store  
66 High Street Southwold IP18 6DN

## Theatre

### Southwold Arts Centre

.....01502 722572,  
Email [info@southwoldartscentre.co.uk](mailto:info@southwoldartscentre.co.uk)  
or [www.southwoldartscentre.co.uk](http://www.southwoldartscentre.co.uk)  
Southwold Arts Centre, St Edmunds  
Hall, Cumberland Road, Southwold  
IP18 6JP.

## Tourist Information Centre

Craftco, 40A High Street, Southwold  
IP18 6AE

## Train Stations (nearest)

### Darsham

Main Road (A12), nr Darsham, Suffolk  
IP17 3AN.

### Halesworth

Station Road, Halesworth, Suffolk IP19  
8BZ.

## Wheelchairs and Mobility Scooter Hire

### Queen Street Pharmacy

.....01502 722362

### Beach Wheelchairs

Contact East Suffolk Council:  
[beach.wheelchairs@eastssuffolk.gov.uk](mailto:beach.wheelchairs@eastssuffolk.gov.uk)  
or call 01502 586167.

## Preschool, Schools & Nurseries

**Reydon Primary** .....01502 723084  
Jermyns Road Reydon IP18 6QB.

### **Sandcastles Reydon Baby & Toddler Group**

On Facebook.

Reydon Sports & Community Centre,  
Wangford Road, Reydon IP18 6PA.

Meet every Thursday during term  
time 09:30 - 11:30. Snacks & drinks  
provided. Under 6 months free - 6  
months + and adults = £1.

### **Southwold Parent & Toddler**

Liz Benson .....07941 168698  
Megan .....07904 017316

For under 5's and their carers. Meets  
every Wednesday morning in term  
time. Toys and activities provided, and  
carers can meet and chat together.

**Southwold Primary School & Nursery**  
.....01502 723137  
Cumberland Road, Southwold IP18 6JP.

### **STOMP Pre School**

Clare .....07446 948730  
email: ctomo68@icloud.com

Pre school and movement group,  
makaton signing, singing and dancing.  
Meets every Monday morning during  
term time 09:30 - 10:30 at URC, High  
Street, Southwold.

### **St Felix School**

.....01502 722175  
Halesworth Road, Reydon IP18 6SD

### **Wordplay at Southwold**

Every Tuesday and Sunday 10:30 -  
11:00 at Southwold Library.

## Regular Events

### **Café Church**

St Margaret's Church Reydon.

Meets fourth Sunday of every month  
at 9:15am in the Church Room at St  
Margaret's Church, Reydon.

Enjoy tea, coffee, toast and more,  
then gather in the church for singing,  
chatting, craft, prayer and more. For  
the very young to the more mature.

### **Family Tea Club**

sydney@southgen.co.uk

Every Wednesday at 15:30 (term  
time only). Offers a free healthy  
meal for primary school children and  
their families with games, crafts and  
activities.

### **The Lounge**

(every Monday)

Methodist Church, Cumberland Road, Southwold IP18 6JN.

(2-4pm every Monday throughout the year excluding Bank Holidays. Free refreshments, all welcome. Activities and crafts available, or bring your own, or just come and relax).

### **Reydon and Southwold Lunch Club**

(previously known as Reydon Church Lunch). To book, call Anne Clarke on ..... 07887 901027.

Held at the Millennium Hall on the third Wednesday of every month. Lunch served at 12:30. Home-cooked two course lunch includes main, pudding, tea/coffee, and a raffle. Very friendly group, a nice atmosphere for all ages. £10 per lunch. Please book at least three days before.

### **Southwold Arts Centre Coffee Mornings**

.....01502 722572

Every Tuesday 11-2pm. Cumberland Road, Southwold IP18 6JP.

### **Sunday Community Lunch**

sydney@southgen.co.uk

Two-course lunch based on pay-what-you-can. Booking necessary.

### **VHC Lunch Club**

.....01502 724549

Voluntary Help Centre, Might's Road, Southwold.

Every other Thursday. There is a small fee for lunch, and a free minibus service for anyone unable to make their own way to the Millennium Hall. Booking essential.

## **Sports Clubs**

### **Cricket Club**

Contact Nick Pagan.....07737 907813  
York Road, Southwold IP18 6TB.

### **Football Club**

Contact Manager Neil Turner  
southwoldtownfc@outlook.com.....

Train on Weds evenings at St Felix during winter, and on Southwold

Common during summer. Play on Southwold Common on Saturdays in the Lowestoft and District League Division 1.

### **Golf Club**

.....01502 723234

mail@southwoldgolfclub.co.uk  
The Common, Southwold IP18 6TB.

### **Klondyke Skate Park**

admin@southwold-tc.gov.uk  
Pier Avenue, Southwold IP18 6BN.

### **Model Yacht Pond**

.....01502 218005  
Southwold Boating Lake, 71 North  
Road, Southwold IP18 6BH.

### **Pit Stop Tennis Courts**

Call Anne on .....07887 901027  
York Road, Southwold IP18 6AN.

### **Rugby Club**

info@southwoldrfc.co.uk  
The Common, Southwold IP18 6TB.

### **Sole Bay Bowls Club**

.....01502 722683  
solebaybowlsclubreydon@gmail.com  
Swan Green, Reydon IP18 6FJ

### **Sole Bay Juniors FC**

email solebayjuniorsfc@gmail.com  
Trains at Old School Playing Fields,  
2 Old School Drive, Reydon IP18 6JZ.

### **Southwold Run Club**

Gavin .....07989 559861  
Meets every Wednesday morning  
07:30 - 08:30 outside The Canteen.

### **Southwold Sailing Club**

email membership@southwoldsc.org  
Blackshore, Southwold IP18 6TA

### **Southwold Womens Rugby**

Instagram, Facebook, or call  
Michaela Scarle .....07761 447575  
17+, any skill level. Meet every  
Thursday at 7pm at Halesworth  
Campus, Harrisons Lane, Halesworth  
IP19 8PY. Home games played on  
Southwold Common.

### **Tennis Club**

.....07811 360465  
southwoldtennisclub@gmail.com  
Hotson Road, Southwold IP18 6BS.

## **Support & Advice**

### **Age UK OASIS**

(Older Adult Support Information  
Service).....01603 496333  
Offers advice around warm home  
discounts, benefits, home aids etc.

### **Alcoholics Anonymous**

.....0800 9177650  
Meets Stella Peskett Millennium Hall,  
Thursday evenings, 8pm - 10pm.

## Citizens Advice

### CAB Adviceline

..... 0800 144 8848

### Citizens Advice East Suffolk

..... 0808 278 7866

(call Mon-Fri, 10am-2pm).

[www.citizensadviceeast Suffolk.org.uk](http://www.citizensadviceeast Suffolk.org.uk)

## Council

### East Suffolk Council

Customer services ..... 0333 0162000

Out of hours emergency

..... 0800 4402516

### Reydon Parish Council

[clerk@reydonvillage.org](mailto:clerk@reydonvillage.org)

### Southwold Town Council

..... 01502 722576

[clerk@southwold-tc.gov.uk](mailto:clerk@southwold-tc.gov.uk)

### Walberswick Parish Council

[clerk@walberswick-pc.gov.uk](mailto:clerk@walberswick-pc.gov.uk)

## Dementia Support - Shaftesbury

Suffolk Memory & Dementia Support,  
Stowmarket

..... 0808 281 5804

Open during business hours

## Domestic Abuse

### Leeway Domestic Abuse

helpline..... 0300 561 0077

Offering specialist domestic abuse  
support in Norfolk & Suffolk

### National 24hour domestic abuse

helpline..... 0808 2000 247

## Financial Support

**Debtline** ..... 0808 808 4000

[www.nationaldebtline.org](http://www.nationaldebtline.org)

**Money Helper** ..... 0800 138 7777

[www.moneyhelper.org.uk](http://www.moneyhelper.org.uk)

Free and impartial advice.

### Suffolk Coastal Poverty Action

Contact ..... 07942 359865

or email [help@scpa.uk](mailto:help@scpa.uk)

A local charity working in partnership with Christians Against Poverty to offer free debt advice, budgeting support and money guidance in your own home. Also courses on employment support, money coaching and life skills.

## Local Charitable Support

### Reydon Trust

[theclerk@theydontrust.org.uk](mailto:theclerk@theydontrust.org.uk)

**Sole Bay Care Fund** ..... 01502 722326

### Southwold Trust

[david@dgaffney.co.uk](mailto:david@dgaffney.co.uk)

## Mental Health

### NHS Mental Health

Crisis Support Line ..... Call 111

Select the mental health option if you need urgent mental health support.

### Suffolk Mind

..... 0300 111 6000

or email [info@suffolkmind.org.uk](mailto:info@suffolkmind.org.uk)

### Wellbeing Suffolk

..... 0300 123 1503

Non-emergency helpline open between 08:00 and 18:00 supporting people 16+ with emotional/mental health issues.

## Other Support Helplines

**Childline** ..... 0800 1111

### Home-start in Suffolk

..... 01473 621104

headoffice@homestartinsuffolk.org

Offers support for the health and welfare of children and young families.

Open Mon-Fri 08:30 - 4.

**NSPCC Helpline** ..... 0808 800 5000

**Rape Crisis** ..... 0808 500 2222

**RSPCA Helpline** ..... 0300 123499

**Samaritans** ..... 116123

or email [jo@samaritans.org](mailto:jo@samaritans.org)

### Social Care Emergency

Call Customer First ..... 0800 917 1109

### Social Services, Adult & Children

..... 0808 800 4005

### Survivors in Transition

..... 07765 052282

Free support for survivors of sexual abuse/violence. Phone line open 09:00 - 16:30.

## Transport & Advice

### Buses

#### Border bus

..... 01502 714565

146 (Southwold/Norwich)

#### First Bus

..... 0345 646 0707

99 Coastal Clipper (Southwold/

Kessingland/Pakefield/Lowestoft) &

99A (Southwold/Bungay)

### Taxis

Peter Wilkins ..... 07961 952 793

Xscape Taxis ..... 01502 740740

Neal ..... 01502 575888/07899 011383

David of Henham Taxis .07958 678818

CDK ..... 07477 667050

Voluntary Help Centre volunteer

drivers ..... 01502 724549

Centre open Mon - Fri 9am-1pm.

East Suffolk Travel Association

<http://eastsuffolktravel.org.uk/>

# Useful Telephone Numbers

## East Suffolk Council

Automated payments...0300 7900509  
Customer Services .....0333 0162000  
Out of hours emergency  
.....0800 4402516

## Reydon Parish Council

clerk@reydonvillage.org

## Southwold Town Council

.....01502 722576

## Suffolk County Council Highways

.....0345 606 6171  
Suffolk County Council Highways -  
**report a fault**  
www.highwaysreporting.suffolk.gov.uk

## Walberswick Parish Council

walberswickclerk@gmail.com

## Wangford Vets .....01502 578999

www.wangfordvetclinic.com  
Pound Corner, Wangford,  
Beccles NR34 8RS

## Member of Parliament

Jenny Riddell-Carpenter  
.....0207 2197788  
jenny.riddellcarpenter@parliament.  
co.uk  
Write to: Jenny Riddell-Carpenter MP  
Houses of Parliament, Westminster  
London SW1A 0AA

## Emergency Services

**Coastguard (emergency)**..... 999

**Fire (emergency)** .....999

**Fire (non emergency)** Suffolk Fire &  
Rescue .....01473 260588

**Floodline (24hr)**..... 0345 988 1188  
check-for-flooding.service.gov.uk/

**NHS helpline** ..... 111

**Police - emergency only**..... 999

**Police - non emergency**..... 101

**RNLI Lifeboat (emergency)** .....999

**Victim Support** ..... 0808 168 9111  
<https://www.victimsupport.org.uk/>  
advice for anyone affected by crime.

## Utilities

### Anglian Water Supply & Sewerage

.....0345 7145145

### Electricity - UK Power Networks

Fault & Emergency Information Centre:  
.....0800 316 3105  
[www.ukpowernetworksservices.co.uk/](http://www.ukpowernetworksservices.co.uk/)

### Essex & Suffolk Water (ES Water)

.....0345 782 0999

**Gas - report a leak**.....0800 111 999

# Volunteering Opportunities

## **Alfred Corry Museum**

.....01502 722600  
or email [info@alfredcorry.co.uk](mailto:info@alfredcorry.co.uk)

## **Blyth Valley Rotary**

[Info@blythvalleyrotary.co.uk](mailto:Info@blythvalleyrotary.co.uk)  
Part of Rotary International, organises various fundraising events. Meets most Thursdays at Sole Bay Bowls Club at 18:30.

## **Friends of Southwold Library**

.....01502 442817

## **New Leaf Reydon & Southwold**

[newleafriends@gmail.com](mailto:newleafriends@gmail.com)  
Non-profit organisation maintaining, planting and caring for the environment in Reydon and Southwold. Volunteers always welcome.

## **Reydon Parish Council**

[clerk@reydonvillage.org](mailto:clerk@reydonvillage.org)

## **RNLI crew - Southwold Lifeboat Station**

.....01502 723355

## **Sole Bay Mens Shed**

[solebaymensshed@btinternet.com](mailto:solebaymensshed@btinternet.com)

## **1st Southwold Scouts**

(including Beavers and Cubs)  
Contact Luke Winter.....07900982836

## **Southwold Railway Trust**

.....01502 725422  
[members@southwoldrailway.co.uk](mailto:members@southwoldrailway.co.uk)  
Steamworks, Blyth Road, Southwold IP18 6AZ. Heritage Museum and restoration project. Committed to

restoring the historic narrow gauge railway link between Halesworth and Southwold.

## **Southwold (Sole Bay) Lions**

[grandad\\_dumpling@btinternet.com](mailto:grandad_dumpling@btinternet.com)  
Organises fundraising events for local and some international charities. Meets at Randolph Hotel, Reydon, on 1st and 3rd Monday of every month from 8pm. Always welcomes new members.

## **Southwold Town Council**

.....01502 722576

## **Suffolk Wildlife Trust**

For volunteering opportunities email: [volunteering@suffolkwildlifetrust.org](mailto:volunteering@suffolkwildlifetrust.org)  
For membership enquiries email: [membership@suffolkwildlifetrust.org](mailto:membership@suffolkwildlifetrust.org) or call 01473 890089.

Offers a wide range of volunteering opportunities, including working parties which often work at Hen Reedbeds and Reydon Wood.

## **The Old Hospital**

.....07916 173088  
or email [sydney@southgen.co.uk](mailto:sydney@southgen.co.uk)  
Volunteering opportunities at family tea club, community lunches, community allotments, Summer Camp.

## **Voluntary Help Centre**

.....01502 724549  
Opportunities for volunteer drivers, befrienders, helping out at lunch club.

**Walberswick Parish Council**  
clerk@walberswick-pc.gov.uk

**Women Like Me**  
email info@women-like-me.co.uk.  
Website: www.women-like-me.co.uk.  
Facebook and instagram

Women only group, meeting for walks every Tuesday and Thursday for walks around Waveney. Wellbeing garden situated off Mights Road car park, opposite Stella Peskett Hall.

## Charity Shops

**RNLI Shop** ..... 01502 725485  
Queen Street, Southwold IP18 6EQ

**Break** ..... 01502 726018  
9 East Street, Southwold IP18 6EH

**EACH** ..... 01502 441275  
10 Market Place, Southwold IP18 6EE

**Sue Ryder** ..... 01502 722100  
60 High Street, Southwold IP18 6DN

**St Elizabeth's Hospice** .. 01502 723301  
76 High Street, Southwold IP18 6DN

**St Elizabeth East Coast Hospice**  
..... 01502 724250  
73 High Street, Southwold IP18 6DS

## For Events and Whats On

<https://visitsouthwold.org>



<https://www.facebook.com/people/Visit-Southwold/61558781643889/>

[https://www.instagram.com/visit\\_southwold/](https://www.instagram.com/visit_southwold/)

<https://reydonvillage.org/community/news-events/>

<https://www.facebook.com/reydonparishcouncil>

<https://walberswick-pc.gov.uk/calendar/>



## For Walking and Cycling in Southwold, Reydon and Walberswick

### Go Jauntly

Discover more of East Suffolk, including walks in Southwold, Reydon and Walberswick, with a collection of walking trails on the free **Go Jauntly App**. The App provides simple photo guides and tips on nearby points of interest, places of interest, places to eat and nearby public toilets. Download for free from the App Store or Play Store.

<https://www.gojauntly.com/>



East Suffolk is perfect for walking and cycling, and offers routes for all ages and abilities. Whether you're looking for a beach walk, a pub walk or an easy access trail, find a route on [thesuffolkcoast.co.uk](https://www.thesuffolkcoast.co.uk). Or discover East Suffolk on two wheels! The website also provides information on a range of cycle routes.



Scan for  
Walking routes



Scan for  
Cycling routes